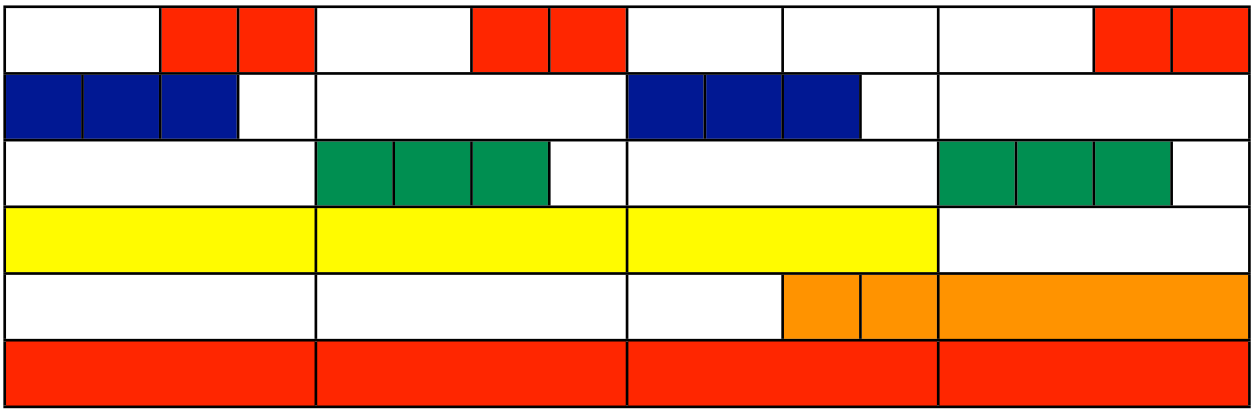One minute boomwhacker piece